

Onwards and Upwards

Lead sheet (F to G)

Liz Gordon

92 bpm

Chorus

1. It's

2. For-

3. What - ev - er was to my pro-fit

Chords: F#sus4/Bb, F, F#sus4/Bb, F, F#sus4/Bb, F, F#sus4/Bb, F, F#sus4/Bb, F, Bb, F, Gm7, C#sus4, C, F, Bb, Gm7, C#sus4, C, F, F#sus4/Bb, F#sus4/Bb, F#sus4/Bb, F#sus4/Bb, F

61 Fsus4/B \flat F Fsus4/B \flat F

Vo. I lose it for his sake, For when our glo - ry is Je - sus

69 Gm7 C Gsus4 G

Vo. To live or die is gain. 4.As cit - i - zens of his hea - ven

77 Gsus4 G G/C

Vo. We shine like stars on high, Con - tend as one for the

84 G Am7 D G

Vo. gos - pel As we hold out his life! On - wards and up - wards,

91 C Em D

Vo. run the race On - wards and up - wards, keep the faith,

97 G C D C Em7

Vo. On - wards and up - wards, by his grace, by his grace.

104 D C Em7 D C Em7

Vo. On - wards run the race Up - wards keep the faith

112 D C E7 Dsus4 G

Vo. On - ly by his grace his grace. On - wards and up - wards,

119 C Em D

Vo. run the race On - wards and up - wards, keep the faith,

125

Vo.

On-wards and up - wards, bu his grace, by his grace.

C Em D Gsus4

133

Vo.